WEEK OF NOVEMBER 18 MENU

	BREAKFAST	LUNCH	DINNER	SNACK
MON 11/18/19	100% Fruit Punch Oatmeal with Syrup Fresh Fruit Milk and Water	Fish Taco Chuck Wagon Corn Sliced Pears Milk and Water	Spaghetti with Bolognaise Sauce Winter Vegetables Italian Bread with Margarine Orange Cake Milk and Water	Fritos Corn Chips & Milk
TUE 11/19/19	Cranberry Juice Whole Grain Blueberry Muffin with Margarine Mandarin Oranges Milk and Water	Mexican Chicken Bowl Fruit Cocktail Milk and Water	Bratwurst on Roll with Sauerkraut Carrots Brownie Milk and Water	Cheese Twists & Milk
WED 11/20/19	Apple Juice Coyote Grill Quesadilla with Salsa Peach Halves Milk and Water	Roasted Quinoa Burger on Whole Wheat Roll with Lettuce and Pesto Spinach Spread Baked Beans Baby Carrots Applesauce Milk and Water	Grilled Chicken over Fettuccine Alfredo Salad with Salad Dressing Pineapple Rings Milk and Water	Cheez It Crackers & Milk
THUR 11/21/19	Orange Juice Whole Grain Waffles with Warmed Stewed Apples Milk and Water	**California Cobb Salad** Chicken Strips, Avocado, Egg, Bacon, Tomato Wedges over Salad Greens with Ranch Dressing Whole Wheat Dinner Roll with Margarine Fresh Fruit Milk and Water	Beef Fajitas with Fixings Rice Mandarin Oranges Milk and Water	Graham Crackers & Milk
FRI 11/22/19	Cranberry Juice Scrambled Egg Patty Whole Grain Bagel with Margarine and Jelly Fruit Cocktail Milk and Water	Honey Sriacha Boneless Chicken Wings with Sweet and Sour Sauce Stir Fried Rice Tossed Salad with Cherry Tomatoes and Salad Dressing Whole Wheat Dinner Roll with Margarine Sliced Peaches Milk and Water	Battered Pollock Wedge Au Gratin Potatoes Peas Cookies Milk and Water	Goldfish Crackers & Milk
SAT 11/23/19	Grape Juice WG Granola Bar Tasteeos Fresh Fruit Milk and Water	Meatballs on Roll Broccoli Pear Halves Raspberry Frozen Yogurt Milk and Water	Baked Herb Chicken Macaroni & Cheese Green Beans Chocolate Pudding Milk and Water	Vanilla Wafers & Milk
SUN 11/24/19	Orange Juice WG Raspberry Churros Enriched Bran Flakes Pineapple Chunks Milk and Water	WG Buttermilk Pancakes with Syrup Chicken Sausage Links Salad with Cherry Tomatoes and Salad Dressing Fruit Salad Milk and Water	Country Fried Beef Steak with Country Gravy Mashed Potatoes Collard Greens Dinner Roll with Margarine Flavored Applesauce Milk and Water	Pretzels & Milk

****ALERT! BRATWURST IS A CHOKING HAZARD. SEE DIET MENU FOR SPECIAL HANDLING INSTRUCTIONS**

****No Pork**